

**Jacob's House (JH) (w/e 18.09.17)**

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>	<b>Saturday</b>	<b>Sunday</b>
9.00 – 5.00 JH	9.00 – 5.00 (JH) 11.00 – 5.00 5.00 – 7.00 Alton Community Centre	9.00 – 5.00 JH	9.00 – 5.00 5.00 – 7.00 JH  LATE OPENING	9.00 – 5.00 JH	9.00 – 5.00 JH	10.00 – 4.00 NHH
AM	AM	AM	AM	AM	AM/PM	
<b>Tadley Satellite</b> 09.00 - 5.00 Salvation Army Hall <b>From 08.05.17</b>  <b>Recovery Activities</b> 10.00 – 1.00  <b>Breakfast Club</b> 10.00 – 11.00  <b>Women's Group</b> 11.00 - 12.30  <b>Community Mtng</b> 4 <sup>th</sup> Monday of month 12.00 – 1.00pm	<b>Alton Satellite</b> 11.00 – 7.00 Alton Comm. Cntr*)  <b>IRP Induction</b> 10.00 – 11.00  <b>Alcohol Dependent Group</b> 11.00 – 12.30	<b>Team CTM</b>   <b>Therapeutic Group</b> 12.00 – 1.30 (Closed Group)	<b>Doctor's &amp; NMP Clinic</b> 10.00 – 12.45  <b>*Auricular Acupuncture</b> 10.00 -11.00  <b>Alcohol Brief Intervention</b> 11.00 – 12.30  <b>Goals for Change</b> 12.30 – 1.30	<b>NMP Clinic</b> 10.00 – 12.45  <b>Recovery Activities</b> 10.00 –1.00  <b>IRP Induction</b> 10:00 - 11:00  <b>Relapse Prevention</b> 12.00 – 1.00	<b>Recovery Activities</b> 10.00-12.00 & 2.00 – 4.00  <b>Cocaine Anonymous (Ind.)</b> 10.00 – 11.00  <b>Peer Support Group</b> 11.00 – 12.00	<b>Hospital Outreach</b> 10.00 – 4.00
PM	PM	PM	PM	PM		<b>NOTES</b>
<b>Doctor's Clinic</b> 1.30 – 4.15  <b>Recovery Activities</b> 2.00 – 4.00  <b>Alcoholics Anonymous (ind.)</b> 2.00 – 3.00  <b>Auricular Acupuncture</b> 3.30 – 4.30	<b>Gateway Group*</b> (3 weeks only) 2.30 – 3.30  <b>Reiki (by appointment only)</b> 3.00 – 4.00  <b>Late Night Opening Alton Satellite</b> 5.00 – 7.00	<b>Doctor's Clinic</b> 1.00 – 4.15  <b>Recovery Activities</b> 2.00 – 4.00  <b>Narcotics Anonymous (Ind.)</b> 2.15 – 3.15	<b>Doctor's &amp; NMP Clinic</b> 1.45 – 4.00  <b>IRP*</b> <b>Core (by referral)</b> 2.00 - 4.00  <b>Drug Brief Intervention</b> 4.00 – 5.00  <b>Peer Support Group</b> 5.30 – 6.30	<b>NMP Clinic</b> 1.45 – 4.00  <b>Recovery Activities</b> 2.00 – 4.00  <b>Cannabis Group (on hold currently)</b> 3.00 – 4.00	<b>Music Group (Pending)</b> 2.00 – 3.00  <b>Activities Group (All Welcome)</b> 2.00 – 4.00	<b>Please Note</b> *Acupuncture 3rd THURSDAY in the month will be Mindfulness  <b>*IRP = Inclusion Recovery Programme IRP Induction start 1<sup>st</sup> Wednesday of each month And Gateway Group starts 1<sup>st</sup> Tuesday of each month</b>

**\*OPEN ACCESS and DUTY operates daily during all opening hours (and INCLUDES NEEDLE EXCHANGE\*) Please ask for Alton Satellite Timetable separately revised 18.09.17**